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**"Proud to support
people to be part
of their
community"**

Inclusion Alliance **September** **Newsletter**

**Do you have a news story?
Something interesting to tell?**

Contact
angus@inclusionalliance.org.uk

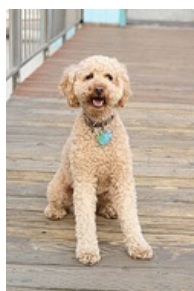
Great day at Meadowbank!
Part of learning disability week

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Inclusion Alliance took part and hosted a stall at Meadowbank, part of the Learning disability week events. We all had fun and engaged with many different partners and services

- We **raised awareness** of our services and ethos to multiple stakeholders including **adults who are looking for support, potential new staff** and also statutory and third sector organisations including council and NHS staff and teams!
- We **developed** new and existing partnerships across the city.
- We **learned** of new and exciting activity and service provisions.
- We **came together as a team** to celebrate our work amongst the learning disability community.

Increasing confidence and independence



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We were Poans tt hIses ubeuss and we saw one dog with its owner. As we all know Paul used to be terrified by dogs, but that day he made a brave move by kindly asking the owner if he can pat the dog and the owner agreed. Paul was very excited that he managed to pat the dog without any hesitation this really made his day he kept on mentioning it all day he even told his Dad about it when I dropped him back home."

Imma, support worker Inclusion Alliance



Ross returns!

I look forward to every day of work and get advice from management should I feel I'm having any difficulty to deliver appropriate support. There's always room for a smile and to model positive social working relationships.
Glad to be back!

It's great to be back with Inclusion Alliance after a few months away. I missed the close support I had with the service users and their families to my work here. Each day we're out together with those we support to make the day stimulating, challenging, rewarding and fun. Staff help each other to suss out what works and what's maybe a good thing to try that's new where those we support can move on and develop life skills and interests. We know people's stresses and the stressors and can lean on previous expertise in support to increase the chances of successful and healthy outcomes for all.

Activities at Thistle Outdoors

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**Andrew's birthday
on the 26th
October
Scott Allan's on
the 2nd October
and
Emma Haxton's
on the 14th
October!**

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Thistle assistance card

Thistle Assistance is a free initiative designed to make travelling on public transport in Scotland easier and more comfortable for anyone who needs a little extra help. You can use it on buses, trains, trams, planes and ferries across the country!

Staff training opportunities

Are You interested in gaining a SVQ in health and social care? Please contact stuart@inclusionalliance.org.uk to register your interest!



Mental health first Aider

Hi , I am Bridget and I available for a confidential, non-judgmental point of contact for emotional support and wellbeing. I currently work in the office on Tuesday and on Wednesday from home. You can contact me- admin@inclusionalliance.org.uk. Face to face and telephone appointments are available.

Out with these times, If you need immediate mental health support

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outside of these hours, please reach
out to [e.g., Breathing Space at 0800
83 85 87 or Samaritans at 116 123].
In the event of an immediate crisis,
please call emergency services.

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[Click here for Inclusion Alliance links and staff training and opportunities](#)



SUPPORTING PEOPLE TO BE PART OF THEIR COMMUNITY

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