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**“Proud to support  
people to be part  
of their  
community”**

## **Inclusion Alliance** **May** **Newsletter**

**Do you have a news story?  
Something interesting to tell?**

Contact  
[angus@inclusionalliance.org.uk](mailto:angus@inclusionalliance.org.uk)

**New Section in the website**  
**Our new volunteering video and past Newsletters**  
**<https://inclusionalliance.org.uk/resources/>**



**All Singing all Dancing groups FTO  
 St Brides Community centre,  
 10 Orwell Terrace Edinburgh EH11 2DZ  
 Monday (10.45am) Tuesday and Friday ( 11am)**

**North Edinburgh Arts, 12C Macmillan Cres, Edinburgh EH4 4AB  
 Wednesday (11am)**



**Scott Allan is getting ready  
 for the world Cup**

**Scottish Annual Health Checks**

### **Charter for Involvement**

"We are a group of people that get supported by inclusion Alliance and with help from our support workers. We meet up every 6 weeks . Go through the 12 statements of the NIN . Discuss ways to make our support and days out better. To make sure Inclusion Alliance are supporting us the right way .

**If Anyone wants to join our wee group your Welcome to just contact one of the office team "**

Scotland on 20 May 2022 and is offered to all people with a learning disability (in Scotland).

An annual health check as "a targeted invitation for a yearly check-up of the person with a learning disability's health."

[Watch the video here](#)

National Involvement Network

<https://arcscotland.org.uk/networks/national-involvement-network/>

Charter for Involvement

<https://arcscotland.org.uk/resource/charter-for-involvement/>

### Board and staff updates



My name is Katherine, and I'm pleased to have joined Inclusion Alliance as Assistant Manager in late April.

My background is as a Dance Movement Psychotherapist - a modality of therapy that utilises the body and movement when thinking about our experiences and feelings.

I previously worked in the NHS in England, including in a specialist Learning Disability service. I have also worked at Dance Base in Edinburgh.



At Inclusion Alliance. I was drawn to the person-centred ethos of the organisation as well as the nature of the role including supporting a staff team. I'm looking forward to getting more settled in, meeting the staff team and the people we support.

**Jayne Kemp - New Board member**

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worked for over 40 years in the Health and Social Care sector. Qualified as an Occupational Therapist I have worked in and developing services for autistic adults and adults who have learning disabilities. I like reading and traveling( But not flying!).



I hope to contribute towards the continued success and development of Inclusion Alliance, ensuring that the service continues to thrive in providing person centred and community based support to individuals and their families.



## Campaigns



**Lots of Events and activities coming soon at the end of Summer!**

### [Scottish Learning Disability Week](#)

is a time to celebrate people with learning disabilities.

It's about making Scotland a fairer place, where people with learning disabilities are respected, included, and have equal opportunities in all areas of life.

[About - SLDW](#)

**Happy Birthday John Stewart  
on the 8th June!!**



## Staff training opportunities

Are You interested in gaining a SVQ in health and social care? Please contact [stuart@inclusionalliance.org.uk](mailto:stuart@inclusionalliance.org.uk) to register your interest!



### Mental health first Aider

Hi , I am Bridget and I available for a confidential, non-judgmental point of contact for emotional support and wellbeing. I currently work in the office on Tuesday and on Wednesday from home. You can contact me- [admin@inclusionalliance.org.uk](mailto:admin@inclusionalliance.org.uk). Face to face and telephone appointments are available.

Out with these times, If you need immediate mental health support outside of these hours, please reach out to [e.g., Breathing Space at 0800 83 85 87 or Samaritans at 116 123].

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[Click here for Inclusion Alliance links and staff training and opportunities](#)



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